

Please have your customer respond to the following regarding his or her personal "Effect" experience during the 90-day period they've been taking Juice Plus+°.

YES	NO	N/A	HAVE YOU NOTICED
0	0	0	Yourself eating more fruits and vegetables?
0	0	0	An increase in the amount of water you drink?
O	O	0	A reduction in the amount of fast food and/or soft drinks you consume?
O	O	0	An improvement in the quality of your sleep?
O	O	0	An increase in your energy level?
0	0	0	An increase in the amount of time you're able to work out? (If you don't work out, select N/A.)
O	O	0	An increase in the quality of your workout? (If you don't work out, select N/A.)
0	0	0	Any weight loss (if you felt you needed to lose weight)?
0	0	0	A reduction in the number of cold or flu-like symptoms?
O	O	O	A decrease in the number of prescriptions or over-the-counter medications you're taking?
O	O	0	A decrease in the number of visits to your healthcare provider?
O	0	0	(Or has your dentist noticed) healthier gums — things like less bleeding when brushing or flossing, or a healthier pink color?
O	O	0	(Or has your hair dresser noticed) indications of healthier hair — things like shinier hair, stronger hair, or more hair growth?
O	O	0	Stronger or faster growing nails?
0	0	0	Improvements in your complexion, such as smoother skin, clearer skin, a reduction in the oiliness or dryness of your skin, or just an overall healthier "glow"?
O	O	0	An improvement in regularity (bowel movements)?
0	O	0	An improvement in your general sense of well-being?